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Newsletter #DementiaFriendlyHolywood Issue 4 June 2017



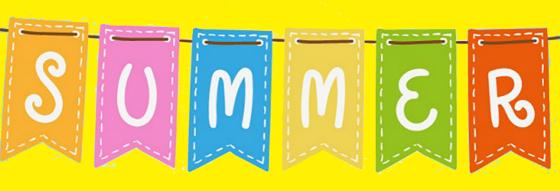






Summer is here!

Shall I compare thee to a summer's day? Thou art more lovely and more temperate: Rough winds do shake the darling buds of May, And summer's lease hath all too short a date: Sometime too hot the eve of heaven shines. And often is his gold complexion dimm'd: And every fair from fair sometime declines. By chance, or nature's changing course, untrimm'd; But thy eternal summer shall not fade Nor lose possession of that fair thou ow'st: Nor shall Death brag thou wander'st in his shade. When in eternal lines to time thou grow'st: So long as men can breathe or eves can see. So long lives this, and this gives life to thee.



What has been happening in May...

Where do we start with the month of May. It has been a very busy and exciting month for Dementia Friendly Holywood.

We started the month of with the Merry May Day Festival in Holywood. Dementia Friendly Holywood held a stand along the High Street. Many people approached us for information on the project and how they could avail of the activities highlighted in the calendar. We had a lot of interest in regards to what dementia is, and how best to identify the signs and symptoms. Overall, it was a very productive day.



Dementia Friends



Members of our Carer Support
Group had requested that they
be involved in a Dementia
Awareness training session. This
was held on Monday 8th May at
Radius Housing in Holywood. The
morning was very positive and yet
emotional. Some of our fabulous
carer's advised that "Had we
been offered this training several
years ago when the diagnosis was
made, we would have been better

informed and maybe prepared for how life can change for everyone living with dementia.

Well done to all our AMAZING CARERS on becoming Dementia Friends.

If you would like more information on how to become a Dementia Friend please email deirdre.carr@radiushousing.org



Dementia Awareness Week 2017

Dementia Awareness week started on Sunday 14th May right through until Friday 19th May. This was a very busy and exciting week for everyone involved in the Dementia Friendly Project. All our events were really well supported, and we thank everyone who played a part in each event and to the community who supported all the events.

Monday 15th May we hosted an Afternoon Tea in Holywood Non-Subscribing Church Hall. This was a great event to kick start an important week. The Alzheimer's Society joined us for the afternoon tea and brought information and gifts to our members.



On **Tuesday 16th May** we hosted the Memory Walk around Victoria Park. Due to the heavy rain, this event wasn't attended by many, however, we got our rain coats on and walked a lap of the Lake in the park, and then the sun began to shine again.

On **Wednesday 17th May** we had our Memory Café in Holywood Library. It was great to see new members join us for some tea and treats.



On **Friday 19th May** we held our #TheMightyQuiz in Stokers Holt in Holywood. There was a great turn out at our quiz nights and we had support from Radius staff as well as the local community.



June

Mon	Tue	Wed	Thu
			1
5 Dementia NI Empowerment Group. Holywood Library More info call: 028 9068 6768	6	7	8
12	13	14 Memory Café 11am - 12 noon Holywood Library	15 Alzheimer's Cup Cake D Loughview Holywood
19	20	Dementia Friendly Service Holywood Non- subscribing Church 2.00 - 3.15pm	22
26 Dementia NI Empowerment Group Holywood Library More info call: 028 9068 6768	27	28 Memory Café and Carer Support Group* Holywood Library 11am -12noon	29

^{*}Relaxation Day - Treatments on offer for Ladies and Gents

	Fri	Sat	Sun
	2	Coffee Morning 10am Holywood Non- subscribing Church	4
	9	10 Coffee Morning 10am Holywood Non- subscribing Church	11
s Society Pay Fold	16	17 Coffee Morning 10am Holywood Non- subscribing Church	18
	23	24 Coffee Morning 10am Holywood Non- subscribing Church	25
	30		

Dementia Friendly Holywood

On Thursday 18th May we had the Official Launch and information day for Dementia Friendly Holywood at Holywood Non-Subscribing Church Hall.

This was a fantastic day met with great support from everyone within and around the Holywood area.

We had numerous information stands at the event for people living with dementia and their carer's. Some of the stands to name but a few were:

- Radius Housing
- Dementia NI
- Alzheimer's Society
- Lenny the Mobile Barber
- Love Lolly Lauren De'Pledge
- Hunts Solicitors
- Sweeney's Chemist
- 352 Carer's Training program
- Fold Telecare
- Cancer Focus NI
- Friend for life- Carla Ross
- Deborah Neill Natural Irish Soap Therapy

We welcomed Mayor Girvan of North Down and Ards who officially launched Dementia Friendly Holywood and Chair of Radius Housing, Diana Fitzimons.

We were delighted to have John, Glenn and Francis from Dementia NI speak at the event about their lives living with dementia and how it has impacted upon their everyday lives. As always, their experiences were overwhelming to listen to, yet they remain positive and focused on making a difference to the lives of people living with a diagnosis of dementia.

We at Dementia Friendly Holywood would like to say a huge





Launch Photos











Map



Holywood - Our Town

D'ye mind the far end of High Street That old Shop with the step at the door

The shiny brass latch and the counter The worn wooden planks for a floor

Tommy Bell's stood there close to the Maypole

The bicycle shop and the bar McClelland's, McCleave's and McKenna's

The bottom House wasn't too far

The Top House with the wee shop beside it

And Jefferson's near Patton's Lane The shop that sold paint and paper Now what did you call it again?

And what was the name of the fruit shop

That stood just by Sullivan Street? In Hibernia Street was the cobbler Boyd's shop in Church View was so neat

Remember the Willowpark Dairy? And Ferguson's old hardware store Orr's Chemist, and Ballagh's and Balmer's?

And Sheridan's library and more

Miss Barr's where you stopped down for shopping

Miss Trainor's haberdashery place Clause Henfrey's and Allen's the chemist?

It's not quite the same now at Mace

You could go down the Strand to Bath Terrace

Or by Conaty's arch to the tide The path brought you out down at Seapark

With the mountains across the far side

Or along the Priory you'd wander Where Milligans Nursery lay Past greenhouse and graveyard to dander To Miss Praeger's field where you'd

From the Kinnegar come through the station

And echo down under the track Past Mollie's kiosk in the corner How clearly it all comes back

play

There was Matchett's and Stratford's and Kingan's

And Reid's at the top of the town There was Fahy's and Rogan's and Aiken's

The Post Office further on down

Our High Street has changed beyond reason

For garages we once had three Meneely's close by Jimpy Lennox And Inne's and Cowan's you see

Despite all the changes we witnessed Despite all the up-to-date trends We're still very glad we belong here Among those we value as friends



3-7 Redburn Square, Holywood BT18 9HZ

Deirdre Carr - 028 9039 7158



Dementia NI 54 Elmwood Avenue Belfast BT9 6A7

Ashleigh Davis - 028 9068 6768



Alzheimer's Society Unit 4 Balmoral Business Park Belfast BT12 6HU

Lynda Williams - 028 9181 0083



