

**Get Creative**

*Festival  
At  
Glenalina  
11th -19th  
May  
2019*



Welcome  
to

# GET CREATIVE

At  
Glenalina

Glenalina has joined with Get Creative Festival 2019 aiming to inspire and shine a light on all the great cultural activity that takes place in communities across Ireland on a regular basis and encourages people to try their hand at something new and creative. Part of this huge national celebration of creativity aims to give everyone the chance to get actively involved in creative activities in their local area. Ireland and U.K. wide celebration of creativity reaching every local community.

Glenalina Lodge held its 1st Festival

August '18 which was very unique in that it was resident led and based in a care home. The festival proved to be a huge success.

We would like to extend a warm welcome to family & friends, anyone living close by pop in to any of our events, all events take place in Glenalina Lodge Care Centre.

Enjoy!  
All Free Events

## At a Glance

Monday	11am	A Morning of Traditional Music, Dance & Song Intergenerational event
Tuesday	2pm	Musical Journey with Trevor Dixson
Wednesday	11am	Decoupage Art Workshop
Wednesday	2pm	Memories of Bygone Days in Belfast
Thursday	2.30pm	'Get Active' Creatively
Friday	11am	Flower Arranging Workshop
Friday	7pm	Traditional Music Night
Saturday	2pm	Concert
Sunday	12.45pm	End of Festival Lunch (Residents)

### Sponsors In Kind



*Fancy Fayre  
of Belfast*

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*Sunday 19th May*

**END OF FESTIVAL  
LUNCH  
FOR THE RESIDENTS  
OF  
GLENALINA**

**Enjoy the savory dishes served to you  
by Thierry, our very own French Chef  
serving you up a culinary of delight.**

**'BON APPÉTIT'**

*Friday 11th -27th May*

**Exhibitions**

**Venue : Falls Road Library (see Library open times)**

**Dye on Paper**— inspired by Mexican Artist Frida Kahlo. Each image is a unique expression of Freida's characteristic. She developed her own style as an artist, drawing her main inspiration from Mexican folk culture.

Artist Margaret McKernan, Glenalina's Events/Activity Co-ordinator encouraged the residents to produce a collection of works celebrating Freida's love of culture and traditions by mixing and manipulating paper, tissue and embellishments.

**Self Portrait Oil on Canvas** - Inspired by the work of David Hockney. Arts Care Project Artist Cheryl Bleakley worked with the residents over a number of weeks to produce amazing self-portraits of contemporary artwork.

David Hockney who, as an older working artist, has continued to produce work, and is considered one of the most influential artists of the 20<sup>th</sup> century.

**Glenalina Art Collection** - A variety of creative mixed media works influenced by nature, landscape, sea & sky produced by the residents.





11am Monday 13th May



**Colaiste Feirste College  
Presents**

**A Morning of Traditional Music, Dance & Song  
Intergenerational Event**

Residents, family and visitors will have the opportunity to enjoy the talents and celebrate our young traditional musicians and singers of tomorrow. The audience are welcome to join in with craic agus ceol - music and good times.

***A warm welcome to residents,  
family and friends  
Free Event***



Professional musicians will be performing live here  
on

**Saturday 11 May 2019  
2:00 pm**

**Victor Henriquez  
Charango, Guitar and  
Ukulele**

This concert has been made possible thanks to the generosity of  
**Enkalon Foundation**

This concert has been provided by the charity  
Music in Hospitals & Care. To find out more or  
to donate online, please visit: [mihc.org.uk](http://mihc.org.uk)

Registered Charity England & Wales: 1051659 Scotland SC038864



This concert has been made possible thanks to the generosity of Enkalon Foundation.

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*Friday 17th May*

**11am Flower Arranging  
Workshop**

Ever wondered how flower arrangements were made, well now's your chance to make your very own.

Mairead, Fancy Fayre Florist will show you how.



**7pm Craic agus Ceol  
Traditional Music Night**

**A night of traditional music and song, sit back and enjoy the amazing voice of young local singer Cliona Doran well known for her version of 'Grace'**

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*2pm Tuesday 14th May*

Accomplished musician Trevor Dixon will take you on a musical journey of your best loved songs & instrumentals. Irish melodies, up-tempo rock and roll, lazy Irish Waltzes and emotional tales and heart rendering songs of Irish love. From the tender age of just 14 years Trevor began entertaining in old Irish ceili houses.



He was bitten by the showbiz bug playing tenor saxophone, tin whistle and clarinet. Trevor decided to form his own band on the road, a move which established him as one of Ireland's leading show bands. He became one of the first Irish bands to cross the Irish Sea to play to the Irish communities the length and breadth of England, Scotland and Wales. His claim to fame occurred when 'I played to the NATO forces in the middle of the Sahara Desert' !

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Wednesday 15th May

11am Decoupage Art Workshop

Discover the decoupage technique of art & craft, transforming boxes and other objects into a work of art and creating your very own finished masterpiece using paper napkins, paint and gilt. The word decoupage comes from Middle French "decouper", the practice came to China, and by the 12th century, cut out paper was being used to decorate lanterns, windows, boxes and other objects. Richard Basile, a New York art collector, achieved notoriety as a decoupeur when his intricate floral decorative work was displayed at the *Foire Internationale d'art Contemporain Festival* in Paris in 2014.



2pm Memories of Bygone Days in Belfast

The audience are invited to take a stroll down memory lane through the streets, parks, hospitals, fruit stalls, shops, schools, family and working life in bygone days in Belfast.

Sing-a-long to the songs of Ruby Murray and friends.

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Thursday 16th May

2.30pm 'Get Active' Creatively

'Get Active' Creatively, Angela's session will show you how to make the rainbow dance to the rhyme of the rumba & waltz, gradually moving to an upbeat tempo of the dance halls. The session of armchair physical exercises are for people of all levels of abilities, Angela will have you all dancing in your seats and not in the dark. Physical activity can relieve stress and anxiety.



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