

Safer Internet day

Safer Internet Day takes place on 9 February 2020. When you use the internet, you may be connected to other devices that you exchange information and data with. Follow these top tips to keep you safe online:



Avoid Viruses

Keep your programmes & apps up to date. It is recommended that you also install anti-virus software which can be downloaded online.



Passwords

Have a strong combination of passwords with letters (upper and lower case) numbers and symbols. Don't make them so complicated that you cannot remember them. NEVER pick an obvious password.



Check for Secure Sites

If you are asked to enter personal details on a website (e.g. bank details when shopping online) ensure that the web address begins with https://. The "s" stands for secure.



Social Media Security

Never disclose personal details or accept "friend requests" with people you do not know. Be careful of things advertised as they may be too good to be true.

For more information, check out www.getsafeonline.org or www.staysafeonline.org.

Keeping you at the Heart of all we do...

Did you know that this year, together with the support from our tenants we have reviewed our:

-  Website,
-  Measured Term Contract for Response Repairs
-  Ways to Report a Repair
-  Tenant Awards & Events

We have many more opportunities for you to have your say on the services you receive.

Register your interest today to be kept updated on the engagement opportunities available.

Contact our Tenant Engagement Team:
 Lesa 07803 897 719
 Christine 07542 672 833
tenant.engagement@radiushousing.org

Big Energy Saving Week Tips

Big Energy Saving Week takes place from 1 - 7 Feb 21. 

1. Turn your **appliances' off standby mode** – Yearly saving £30
2. Avoid turning lights on throughout the day and make use of **natural daylight** it's healthier too! – Yearly saving £35
3. **Turn off lights** when you are not using them – Yearly saving £15
4. Batch cook or **bake several things at a time** taking advantage of the energy used to heat the oven. Use your microwave to reheat portions using less energy than cooking from scratch. – Yearly saving £60
5. A running tap wastes more than 6 litres of water every minute, so **turn off the tap while brushing your teeth**, shaving or washing your face

For more energy saving tips and advice visit <https://bigenergysavingwinter.org.uk/save/>

Welfare Advice

Providing advice, support and advocacy on all aspects of benefit entitlement.

Radius Welfare Advice Officers are on hand to support our tenants & residents. Support can be given by telephone or video call.

Call our office on 0330 123 0888 and speak to your Housing Officer or email info@radiushousing.org for referral

Digitally Safe Quiz

How digitally safe are you? Try Barclays **interactive challenge** to find out.

www.barclays.co.uk/digisafe/digitally-safe-quiz

A Shared Space This Shared Space is all about YOU!

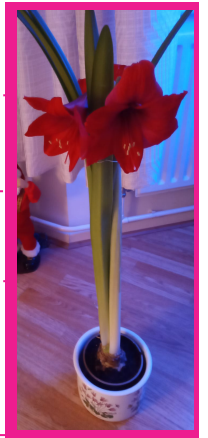


Love is in the Air at **Ardrigh Fold**. Congratulations to **Victor & Maureen** who married in January 2021.

Audrey & Ken wish to say a **BIG THANK YOU** to all at **Cromlyn Fold** for making them so welcome.

Gortgole Fold wish to thank Mid & East Antrim Borough Council for their **Keep Warm Packs**. Toasty!

Thank you to all who entered our **Houseplant Competition** and congratulations to our winner **Kathleen from Ardrigh Fold**. Thank you to our Tenant Executive Committee who judged this competition.



If you have something you would like to share in our next newsletter get in touch by contacting your Scheme Coordinator or email us at tenant.engagement@radiushousing.org

Tenant Engagement Strategy for NI Consultation

Supporting Communities and the Dept. for Communities will be holding consultations on the Tenant Engagement strategy for NI in February 2021. Check your scheme noticeboard for more information or email siobhan@supportingcommunities.org

Flipping Marvelous

I can't believe it's nearly Pancake Tuesday again. Honestly, it just créped up on me!

On Tuesday the 16th households will be getting out the frying pan to celebrate. From topping with lemon & sugar to pile high pancakes with bacon, this pancake recipe is a great place to start:

Ingredients

- 100g plain flour
- 2 large eggs
- 300ml milk
- 1tbsp sunflower/vegetable oil
- butter or oil for frying.



Method

- Put flour, eggs, milk and oil in a bowl or jug and whisk to a smooth batter.
- Over a medium heat, set a frying pan and carefully wipe with a kitchen towel with oil or butter for frying.
- When the pan is hot, cook your pancakes for 1 minute on each side until golden, keep them warm in a low oven as you go.
- Serve with your favourite topping.

February Crossword

Can you find all the words from our newsletter this month...

N	C	G	E	T	A	R	A	U	Y	U	R	T	I
L	R	A	Y	N	E	A	I	I	G	S	U	L	D
O	O	N	R	A	F	G	E	S	R	M	U	T	N
A	M	T	L	L	L	L	T	M	E	N	I	S	R
G	L	Y	I	P	O	L	S	N	N	T	A	S	N
H	Y	A	N	E	U	N	T	R	E	T	S	U	B
D	N	R	T	S	R	E	R	T	Y	S	E	A	Y
I	S	N	E	U	E	L	A	U	S	A	K	H	T
G	E	I	R	O	T	M	T	E	R	N	A	I	E
I	Y	L	N	H	R	O	E	A	U	E	C	R	F
T	U	H	E	A	R	T	G	N	R	H	N	T	A
A	A	E	T	N	P	A	Y	Y	L	U	A	T	S
L	V	F	V	I	C	T	O	R	E	T	P	R	N
T	I	P	R	T	E	N	E	E	R	U	A	M	E

- Heart Buster Safety
- Victor Maureen Internet
- Cromlyn Flour Pancakes
- Energy Digital Houseplant

Contact your Scheme Coordinator for your copy of the February Boredom Busters!